



# BENSHAM MANOR School

## PE Curriculum Map 2019-2020

	YEAR 7	YEAR 8	YEAR 9	Year 10	Year 11
<b>Autumn Term 1</b>	Athletics (Cross Country/Orienteering) Tag Rugby Team Building	Athletics (Cross Country/Orienteering) Tag Rugby Team Building	Athletics (Cross Country/Orienteering) Tag Rugby Team Building	Athletics (Cross Country/Distance running) Touch Rugby	Athletics (Cross Country/Distance running) Touch Rugby Car Driving
<b>Autumn Term 2</b>	Badminton Dodgeball	Badminton Dodgeball	Badminton Dodgeball	Badminton Dodgeball/Sports Leadership	Badminton Dodgeball/Sports Leadership Car Driving
<b>Spring Term 1</b>	Unihoc Personal Fitness	Fitness/Yoga/Pilates Basketball/Netball	Fitness/Yoga/Pilates Basketball/Netball	Fitness/Yoga/Pilates Basketball/Netball	Fitness/Yoga/Pilates Basketball/Netball Car Driving
<b>Spring Term 2</b>	Football Boccia	Football Boccia	Football Boccia	Football Boccia	Football Boccia
<b>Summer Term 1</b>	Cricket Athletics (Track and Field)	Cricket Athletics (Track and Field)	Cricket Athletics (Track and Field)	Cricket Outdoor Activities Watersports/Orienteering	Cricket Outdoor Activities Watersports/Orienteering
<b>Summer Term 2</b>	Tennis Cycling	Tennis Cycling	Tennis Cycling	Tennis Cycling	Tennis Cycling