



BENSHAM MANOR School

Recommended Daily Programme for Students

In order to maintain the structure of the school day for pupils in the event of a closure, Bensham Manor School recommends the following routine be adhered to as closely as possible.

Time	Activity
08:00am	Wake up / eat breakfast / get washed and dressed
08.30am	MOVEMENT TIME - Have a movement break such as some gentle exercises / have a walk / kick a ball in the garden
09:00am – 09:55am	READING TIME - Use this time for reading / reading activities / reading as a family
09:55am – 10:05am	10 Minute Comfort Break (stretch out)
10:05am – 11:00am	MATHS - Log on to My Maths and have a go at some of the activities
11:00am – 11:30am	Breaktime
11:30am – 12:30pm	MOTOR SKILLS SESSION - Use this time to be creative. Do some drawing / build lego / do playdough
12:30pm – 13:00pm	Help to prepare lunch with your family
1:00pm – 2:00pm	Lunchtime
2:00pm – 2:15pm	INDIVIDUAL READING - Use Accelerated Reader, Bug Club or normal books you have at home.
2:15pm – 3:00pm	CDM / ICT TIME/ Revision – Login to your email, read your unread emails and send an email to your form tutor or a pupil in your class describing your day or something fun you would like to talk about. Complete any work sent to you as best as you can.