



BENSHAM MANOR *School*

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Parent Consultation:

Relationships and sex education

Objectives

We want to:

- Explain the changes to requirements for RSE coming in from September 2020
- Explain how we currently teach RSE, and get your views on how well this curriculum works.
- Get your views on what you think our RSE curriculum should cover.
- Explain how we'll develop our updated curriculum

Relationships and Sex Education (RSE) and Health Education from September 2020

- From September 2020 it will be **compulsory for all secondary schools** to deliver PSHCE, and to include in that provision, Relationships and Sex Education (RSE) and Health Education.
- This session/document will explore the necessity and relevance of this educational reform; explain the updated guidance on what schools should be including in their curriculum and how Bensham Manor School intend to implement this vital part of your child's education.
- You can view the statutory guidance from the Department for Education here:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-Health-education>

Why has the guidance been updated?

- The last guidance on Sex and Relationship education was published in 2000 and although it covers important elements of this education, society and the world our young people grow up in has changed rapidly since then and their education in such important matters must be able to keep up with these changes.
- Significantly, the new guidance places emphasis on Relationships and Sex Education (RSE) indicating the significant importance of relationships education preceding sex education and that the two cannot be taught in isolation.
- Health Education ensures that students are educated about their body, healthy lifestyles and choices, mental wellbeing and the impact of these issues throughout their life.
- The new guidance was informed by Government consultation with over 40,000 people including religious, youth and charitable organisations, parents, students, teachers and educational leaders.
- It aims to ensure young people are given the necessary knowledge and skills required to make informed choices and live a healthy and fulfilling life.

Statutory guidance for secondary schools from September 2020: Relationships and Sex Education (RSE)

- **Compulsory** in all secondary schools in England.
- **Parents can withdraw** from Sex education (not Science) but not from relationships education.
- **Child can request** sex education **without parents consent** 3 terms before 16th birthday.
- 'The **aim of RSE** is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships.'

- Building on what they learned in Primary school, by the **end of Secondary school students will have learned about:-**
 - **Families**
 - **Respectful relationships including friendships**
 - **Online and Media**
 - **Being safe**
 - **Intimate and sexual relationships, including sexual health**

Statutory guidance for secondary schools from September 2020: Relationships and Sex Education

This will include lessons covering: Information about and laws relating to:

- **Female genital mutilation (FGM)**
- **Child sexual exploitation (CSE)**
- **Marriage**
- **The age of consent**
- **Violence against women and girls**
- **Information and image sharing online.**
- **Gender identity**
- **Sexuality**
- **Abortion**
- **Pornography**
- **substance misuse**
- **hate crime**
- **radicalisation/extremism and exploitation (including in intimate relationships and through gang involvement).**

Lessons will be **taught at an age appropriate time and in an age appropriate way**; using resources or teaching guidance that have been produced or endorsed by reputable organisations such as the PSHCE Association, NSPCC, Brook Advisory service, CEOP, to name only a few, or funded by the government in line with their statutory guidance.

When deemed necessary trained specialists will aid in the delivery of highly sensitive content. PSHCE Staff are well trained to deliver the content.

Bensham Manor School follows a 'spiral' curriculum that enables students to build on their knowledge of important issues throughout each Key Stage.

You can view the content covered in each key stage in our RSE Policy and on our website..

Statutory guidance for secondary schools from September 2020: Health Education

- Compulsory in all secondary schools in England (no opt out).
- ‘Starting point for health and wellbeing education should be a focus on enabling pupils to make well-informed, positive choices for themselves.’

- Building on what they learned in Primary school, by the **end of Secondary school students will have learned about:-**
 - **Mental well-being**
 - **Internet safety and harm**
 - **Physical health and fitness**
 - **Healthy eating**
 - **Drugs, alcohol and tobacco**
 - **Health and prevention**
 - **Basic first aid**
 - **Changing adolescent body**

Our policy

In writing our policy we have been informed by:

- Statutory guidance
- Evidence based research from the Sex Education Forum
- PSHE Association
- Keeping Children Safe in Education (Statutory Guidance)

The underlying principles of our policy are to:

- Educate our students to make safe, healthy and fully informed choices throughout their life.
- Provide opportunities for students to reflect on their own values and influences regarding relationships.
- Provide honest and factually accurate information.

Positive outcomes

Research evidence suggests that high quality

PSHCE:

- ❖ *“When pupils receive lessons on healthy relationships, their first sexual activity occurs later and they are more likely to report abuse and exploitation.”*
- ❖ *“Reduces risk-taking behaviours such as drug or alcohol addiction and improves diet and exercise levels, in turn boosting long-term life chances.”*
- ❖ *“Can promote positive outcomes relating to emotional health while reducing stigma and helping pupils learn where to go if they have mental health concerns.”*
- ❖ *“PSHE education has been proven to remove barriers to learning and provide skills to aid success.”*
- ❖ *“Can provide school-leavers with key skills and characteristics to thrive in the world of work.”*
- ❖ *“Can positively impact on personal financial choices, an understanding of risk and responsibility, about different types of work and the influence of the media on financial choices (e.g. in relation to gambling).”*

Source: PSHE Association ‘Curriculum for life’ report 2017

Evidence about the impact of RSE

- The Sex Education Forum regularly carry out surveys of students regarding their experience of PSHCE education.
- They also work closely with other relevant research bodies with the aim to improve RSE with an evidence based approach.
- Their research shows that high quality RSE contributes to:
 - First sexual encounters happening at an older age
 - First sexual encounters more likely to be fully informed, consensual and protected
 - Earlier identification of abusive and exploitative behaviours

What does our curriculum look like now? KS3

Year 7 topics:

- Change & Transitions
- Personal Identity
- Physical Well-being
- Emotional Well-being
- Puberty & General Consent
- Personal Hygiene

Year 8 topics:

- Illegal Drugs
- Legal Drugs
- Emotional & Mental Ill Health & The Media
- Coping with Mental and Emotional Ill Health
- Discrimination & The Role of the Media
- Challenging Discrimination

Year 9 topics:

- Friendships
- Other relationships
- Consent, Intimacy & Online Safety
- Road Safety
- Crime Prevention
- Personal Safety in the Home & First Aid

What does our curriculum look like now? KS4

KS4 (Years 9 – 10) topics may include:

WJEC Pathways Award (E2/E3) in Personal Social Development Units:

- Individual Rights and Responsibilities - Law & Order
- Dealing with Problems – Relationships
- Managing Social Relations - Democracy
- Personal Safety in the Community and Home - Staying Safe
- Community Action - Local Community Organisations

Edexcel Skills for Independence and Work (E2):

- Personal Safety in the Local Community
- Environmental Awareness

What does our curriculum look like now? KS4

- Pupils have 1 lesson a week (1 hour) of discrete PSHCE, RSE and Health.
- Many of the topics in the statutory guidance will be covered during PSHCE lessons.
- However there are some subjects that will also cover elements of PSHCE, RSE and Health Education.

These include:

- English - Media, Relationships
- History - Relationships
- CDM - Online Safety
- PE - Physical well-being
- Food Tech - Healthy Eating
- Childcare (KS4) - Families, Sex Education, Relationships
- Work Related Learning (KS4) - Careers, Application forms, Interview Techniques

What are your views on our RSE, PSHCE and Health Education Curriculum ?

- What are your thoughts on our current curriculum for RSE and personal, social, health and economic (PSHE) education?
- Do you think this curriculum meets your child's needs?
- What do we do well? What could we do better?
- Is there anything we're not covering that you think we need to address?
- Is there something we could cover more/less?
- What do you think about the way we currently deliver RSE to pupils?
- As a parent, do you feel like you need more information or guidance on specific topics?

What happens next?

- Please read our draft RSE policy (attached/on our website) you can also find supplementary information about the statutory guidance here:
- <https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>
- Or here
- <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

We are interested to hear your comments and questions.

Please submit these with the subject 'RSE Policy' to:

theoffice@benshammanor.com by : **26 June 2020**

We are also getting feedback from:

- Staff
- Pupils
- Governors

Once we've considered all the feedback, we'll draft an updated RSE policy, which will set out our proposed curriculum.