

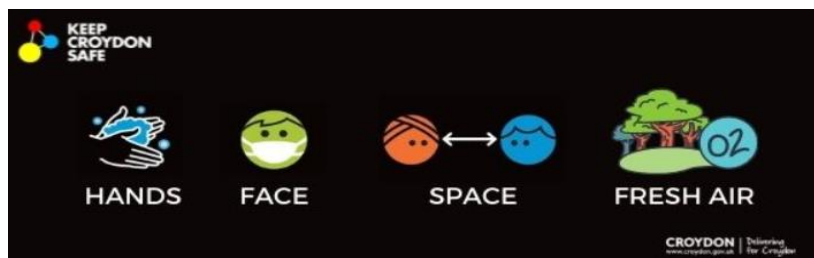
COVID Roadmap Step 3: Until 19 July

For parents, carers and children in Croydon

Stop the spread of coronavirus

Please help stop the spread of COVID-19! We have an increasing number of cases in Croydon schools:

- Socialise outdoors as much as possible
- Keep rooms ventilated, fresh air is good!
- Self isolate if you have been asked to or if you have symptoms of COVID-19
- Have the COVID vaccine – reduce the risk of your children bringing COVID home and passing it to you
- Do not gather in large groups on way to school or at the school gate
- Wear well-fitting face coverings



YOU MUST:

- Self-isolate for 10 days

IF YOU HAVE:

- Symptoms
- A positive test
- Or have been identified as a contact



REGULAR RAPID ASYMPTOMATIC TESTING:

- LFD tests are available for everyone of secondary school age and over.
- Find out how to order or pick up test kits here: <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>
- Please ensure all household members, including pupils, report their results to NHS Test and Trace.
- All positive LFD tests should be followed by a PCR test within 2 days

SELF-ISOLATION PAYMENTS

- If you need to self-isolate you may be eligible for a support payment. You can find out if you are eligible here:

<https://www.gov.uk/government/publications/test-and-trace-support-payment-scheme-claiming-financial-support>

What should parents do?

The main COVID-19 symptoms are:

- Fever > 37.8 OR
- New continuous cough OR
- Loss of taste and / or smell

Children can still go to school, nursery, childminder if they have:

- Runny noses
- Sore throats without a fever
- Mild colds

Children need a COVID-19 test:

- if they have the main COVID-19 symptoms
- but not if they have a runny nose, are sneezing, or feeling unwell.

